


Hackbridge Primary School Menu – November 2022 to March 2023

 Added Plant Power

 Vegan

 Wholemeal








*** Halal Option Available**





ALL MENU CHOICES MUST BE PRE-SELECTED BY TUES 08/02/2022 USING THE SCHOOL'S GOOGLE FORM.









Available Daily:

- Bread freshly baked
- Selection of Salad
- Fresh Fruit
- Yoghurt
- Cheese & Crackers

ALLERGY INFORMATION: If your child has a diagnosed allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 31/10/2022 21/11/2022 12/12/2022 16/01/2023 06/02/2023 06/03/2023 27/03/2023	Option 1	Cheese & Tomato Pizza 	Pork Sausages* with Potato Wedges	Roast Beef* with Roast Potatoes & Gravy	Beef Lasagne* with Garlic Bread 	MSC Fish Fingers with Chips & Tomato Sauce
	Option 2	Jacket Potato with Baked Beans and/or Cheese	Vegan Sausages with Potato Wedges 	Quorn Roast Fillet with Roast Potatoes & Gravy	Vegetable Lasagne with Garlic Bread	Tomato & Lentil Pasta 
	Option 3	Tomato Pasta 	Jacket Potato with Cheese	Jacket Potato with Baked Beans 	Tomato Pasta 	Jacket Potato with Cheese
	Vegetables	Peas Mixed Peppers	Baked Tomatoes Sweetcorn	Carrots Cabbage	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Pear & Chocolate Crumble with Custard	Raspberry Jelly with Peaches	Vanilla Shortbread with Yoghurt	Yogurt & Raisin Cake	Banana Sponge with Custard
			Monday	Tuesday	Wednesday	Thursday

		Monday	Tuesday	Wednesday	Thursday	Friday
Week Two 07/11/2022 28/11/2022 02/01/2023 23/01/2023 20/02/2023 13/03/2023	Option 1	Lentil & Sweet Potato Curry with Rice  	Minced Beef* Pasta Bake 	Roast Pork* with Roast Potatoes & Gravy	BBQ Chicken* with 50/50 Rice 	MSC Fish Fingers with Chips & Tomato Sauce
	Option 2	Jacket Potato with Baked Beans and/or Tuna	Shepherdess Pie with Gravy 	Vegetable Pasty with Roast Potatoes & Gravy 	Jacket Potato with Baked Beans and/or Cheese	Mexican Bean Roll with Chips 
	Option 3	Tomato Pasta 	Jacket Potato with Cheese	Jacket Potato with Tuna	Tomato Pasta 	Jacket Potato with Cheese
	Vegetables	Sweetcorn Broccoli	Carrots Peas	Fresh Mixed Vegetables	Sweetcorn Cauliflower	Baked Beans Garden Peas
	Dessert	Fresh Fruit Salad	Peach Upside Down Cake with Custard	Oaty Cookie with Yoghurt	Marble Cake with Custard	Fruit with Ice Cream
		Monday	Tuesday	Wednesday	Thursday	Friday

		Monday	Tuesday	Wednesday	Thursday	Friday
Week Three 14/11/2022 05/12/2022 09/01/2023 30/01/2023 27/02/2023 20/03/2023	Option 1	Macaroni Cheese	Beef Burger in a Bun* with Wedges	Roast Chicken* with Stuffing, Roast Potatoes and Gravy	Chicken Tikka* with 50/50 Rice  	MSC Fish Fingers with Chips & Tomato Sauce
	Option 2	Roasted Cauliflower Curry with 50/50 Rice 	Quorn Burger in a Bun with Wedges	Vegetable Wellington with Roast Potatoes & Gravy 	Tomato & Lentil Pasta 	Vegetable & Bean Fajitas with Chips 
	Option 3	Jacket Potato with Tuna	Tomato Pasta 	Jacket Potato with Cheese	Jacket Potato with Tuna	Tomato Pasta 
	Vegetables	Broccoli Sweetcorn	Baked Tomatoes Green Beans	Carrots Cauliflower	Roasted Vegetables Sweetcorn	Baked Beans Garden Peas
	Dessert	Rice Pudding with Berries	Fresh Fruit Salad	Orange Jelly with Mandarins	Peach Crumble with Custard	Chocolate & Apple Cake with Chocolate Sauce
		Monday	Tuesday	Wednesday	Thursday	Friday